

**INDEPENDENT MEDICAL STUDY
OF
HOLLYWOOD 24-HOUR MIRACLE DIET™**



**BY
ALPHA HEALTHCARE**

NOVEMBER 11, 2005

CONFIDENTIAL

ALPHA HEALTH CARE
MEDICAL CENTER
MEDICAL WEIGHT LOSS

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November 11, 2005

Sunset Health Products, Inc.
9200 Sunset Blvd., Suite #701
Los Angeles, CA 90069

Re: Medical Results of Hollywood 24 Hour Miracle Diet™

The Alpha Medical Center, a specialist in weight loss for over 20 years, conducted an independent medical test of the **Hollywood 24 Hour Miracle Diet™**.

The medical study was based on the following:

- Participants: 35
- Ages: 16 - 67
- Sex: both Male and Female

Each participant's base line weight was taken on two occasions one day apart. Each participant was weighed in, given the **Hollywood 24 Hour Miracle Diet™**, and instructed to consume just the **Hollywood 24 Hour Miracle Diet™** the next day. Each participant returned the first day after consuming **Hollywood 24 Hour Miracle Diet™** for post test weigh-out measurements. A medical scale was used to weigh each participant.

RESULTS:

- Each participant lost a significant amount of weight.
- Weight loss ranged from 2.0 pounds to 9.0 pounds.
- The average weight lost was 4.5 pounds or 2.0 % of the beginning weight.
- All participants were very happy with their individual weight loss.
- All participants expressed their desire to use the diet again on a regular basis.
- No one reported any upset stomach, constipation, or diarrhea.

Thank you for the opportunity to evaluate the **Hollywood 24 Hour Miracle Diet™**. I was very impressed with the results and will recommend it to our weight loss patients.

Sincerely,

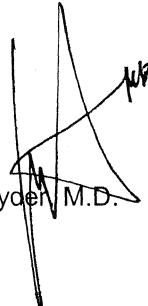

Stefan Snyder, M.D.

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PARTICIPANTS DATA SHEET

Body Weight Lost(BWL)

SUBJECT	NAME	AGE	GENDER	BEGINNG WEIGHT	ENDING WEIGHT	% of BWL	POUNDS LOST
1	[REDACTED]	28	Female	175.5	172.5	3	3
2	[REDACTED]	37	Female	201.0	193.5	7.1	7.5
3	[REDACTED]	30	Female	193.0	190	2	3
4	[REDACTED]	34	Female	237.0	231.5	5.1	5.5
5	[REDACTED]	67	Female	135.0	132	1.6	3
6	[REDACTED]	41	Female	124.0	121	2	3
7	[REDACTED]	34	Female	216.0	212.5	2	3.5
8	[REDACTED]	37	Female	143.0	141	1	2
9	[REDACTED]	31	Female	222.0	220	1.2	2
10	[REDACTED]	29	Female	145.0	143	1.1	2
11	[REDACTED]	20	Female	145.0	143	2	2
12	[REDACTED]	28	Female	127.5	125.5	3.2	2
13	[REDACTED]	48	Female	160.0	158	1.1	2
14	[REDACTED]	25	Female	182.0	176	4.3	6
15	[REDACTED]	49	Female	146.0	141	2	5
16	[REDACTED]	34	Female	162.5	158	2	4.5
17	[REDACTED]	31	Female	253.0	249	2.1	4
18	[REDACTED]	26	Female	176.0	173	0.7	3
19	[REDACTED]	32	Female	184.0	179.5	1	4.5
20	[REDACTED]	24	Male	223.0	217	1	6
21	[REDACTED]	26	Female	147.0	144	0.2	3
22	[REDACTED]	39	Female	127.0	124	2.3	3
23	[REDACTED]	32	Female	164.0	162	0.7	2
24	[REDACTED]	16	Female	136.0	131	4.4	5
25	[REDACTED]	51	Female	120.0	114	2.6	6
26	[REDACTED]	37	Female	203.0	198	1.2	5
27	[REDACTED]	49	Female	208.0	202	1	6
28	[REDACTED]	38	Female	143.0	138	1.2	5
29	[REDACTED]	56	Female	214.0	205	1.1	9
30	[REDACTED]	40	Female	152.0	145	1.1	7
31	[REDACTED]	49	Female	210.0	203	1	7
32	[REDACTED]	40	Female	158.0	153	2.3	5
33	[REDACTED]	34	Male	199.0	193	1.4	6
34	[REDACTED]	48	Female	151.0	146	1	5
35	[REDACTED]	28	Female	161.0	156	1.6	5