

**INDEPENDENT MEDICAL TEST  
OF  
Hollywood 48-Hour Miracle Diet®**

.....  
**BY  
ALPHA HEALTHCARE**

September 25, 2000

**CONFIDENTIAL**

**ALPHA HEALTH CARE**  
**MEDICAL CENTER**  
**MEDICAL WEIGHT LOSS**

11600 Wilshire Blvd. Suite 18  
Los Angeles, CA 90025  
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September 28, 2000

Mr. James H. Kabler III  
Sunset Health Products, Inc.  
9200 Sunset Blvd. Suite 701  
Los Angeles, LA 90069

**RE: MEDICAL RESULTS OF HOLLYWOOD 48 HOUR MIRACLE DIET**

Dear Mr. Kabler,

The Alpha Medical Center, a specialist in weight loss for over 15 years, conducted an independent medical test of the Hollywood 48 hour Miracle Diet.

**The medical study was based on the following:**

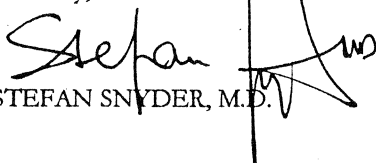
- \* Participants: 27
- \* Ages: 18-67
- \* Sex: both male and female

Each participant's base line weight was taken on two occasions two days apart. The first time each participant was weighed in, then given **The Hollywood 48 hour Miracle Diet** juice and instructed to drink the juice for the next two days. Each participant returned for post test weigh-out measurements. A medical scale was used on each participant and each participant wore the same clothing they wore for the weigh-in.

**RESULTS:**

- \* Each participant lost a significant amount of weight.
- \* Weight loss ranged from 4.5 pounds to 16.5 pounds.
- \* All participants were very happy with their individual weight loss.
- \* All participants expressed their desire to use the diet again on a regular basis.
- \* No one reported any stomach upset, constipation or diarrhea.
- \* Testing of each participant's body fat percentage showed results of significant fat loss.

Sincerely,

  
STEFAN SNYDER, M.D.

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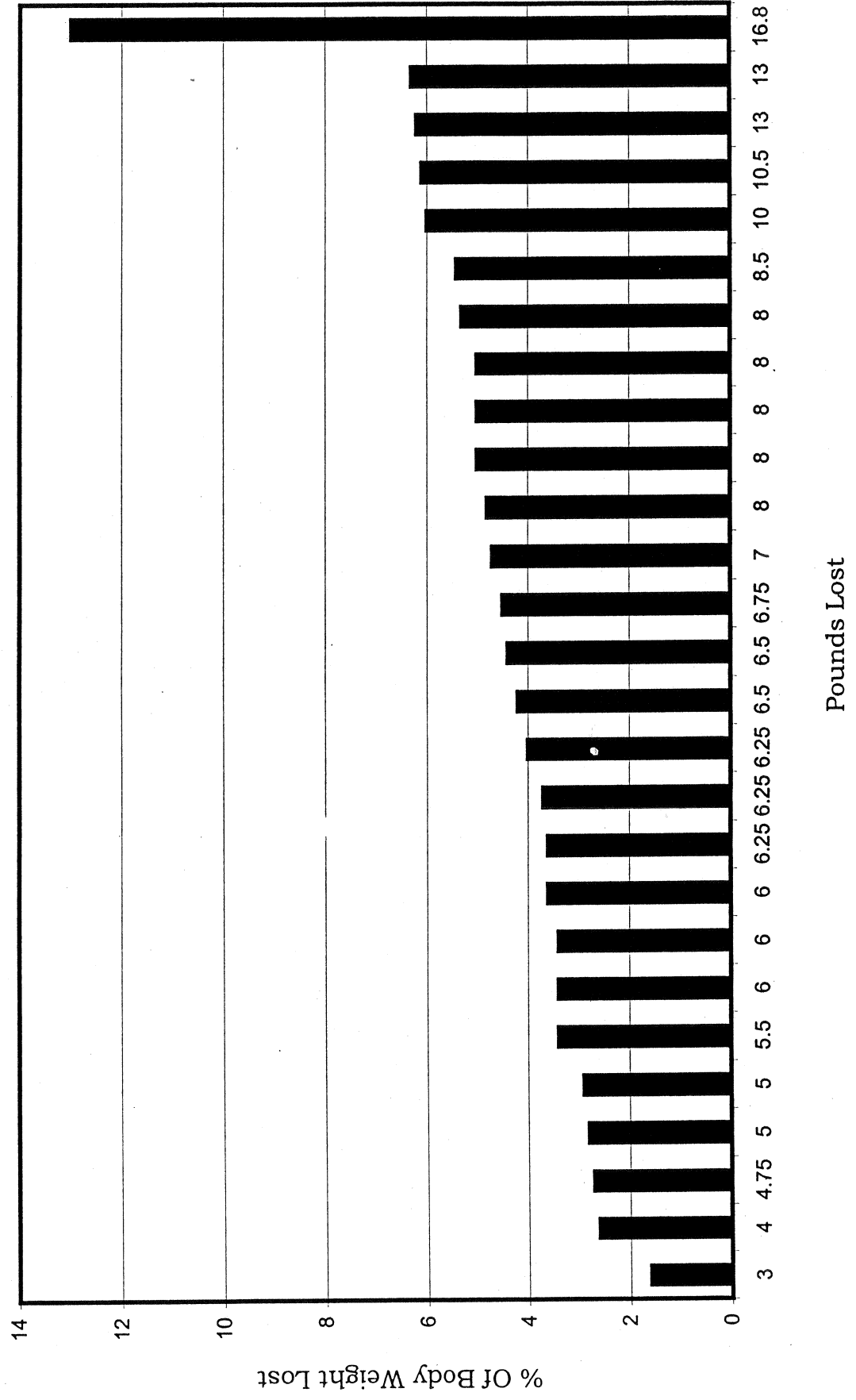
### SUMMARY - PERCENT OF BODY WEIGHT LOST

SUBJECTS	GENDER	BEGINNING WEIGHT	ENDING WEIGHT	POUNDS LOST	% Of BODY WEIGHT LOST
1	Female	138	133.25	4.75	3.4
2	Male	222	215.5	6.5	2.9
3	Female	159	151	8	5
4	Male	200	192	8	4
5	Female	170.5	162	8.5	5
6	Female	185	180	5	2.7
7	Female	137	132	5	3.6
8	Male	286	278	8	2.8
9	Male	186.75	183.75	3	1.6
10	Female	144	138	6	4.2
11	Female	133.25	126.25	7	5.3
12	Female	163	153	10	6.1
13	Female	147	141.5	5.5	3.7
14	Male	220	212	8	3.6
15	Female	141.75	135	6.75	4.8
16	Female	141.25	135	6.25	4.4
17	Female	179	173	6	3.4
18	Female	186.25	180	6.25	3.4
19	Female	148	140	8	5.4
20	Male	175	164.5	10.5	6
21	Male	205	192	13	6.3
22	Female	127	121	6	4.7
23	Female	151	147	4	2.6
24	Male	211	198	13	6.2
25	Female	125.75	109	16.75	13
26	Female	143	136.5	6.5	4.5
27	Female	123.25	117	6.25	5
Totals		4,548.75	4,346.25	202.5	4.5

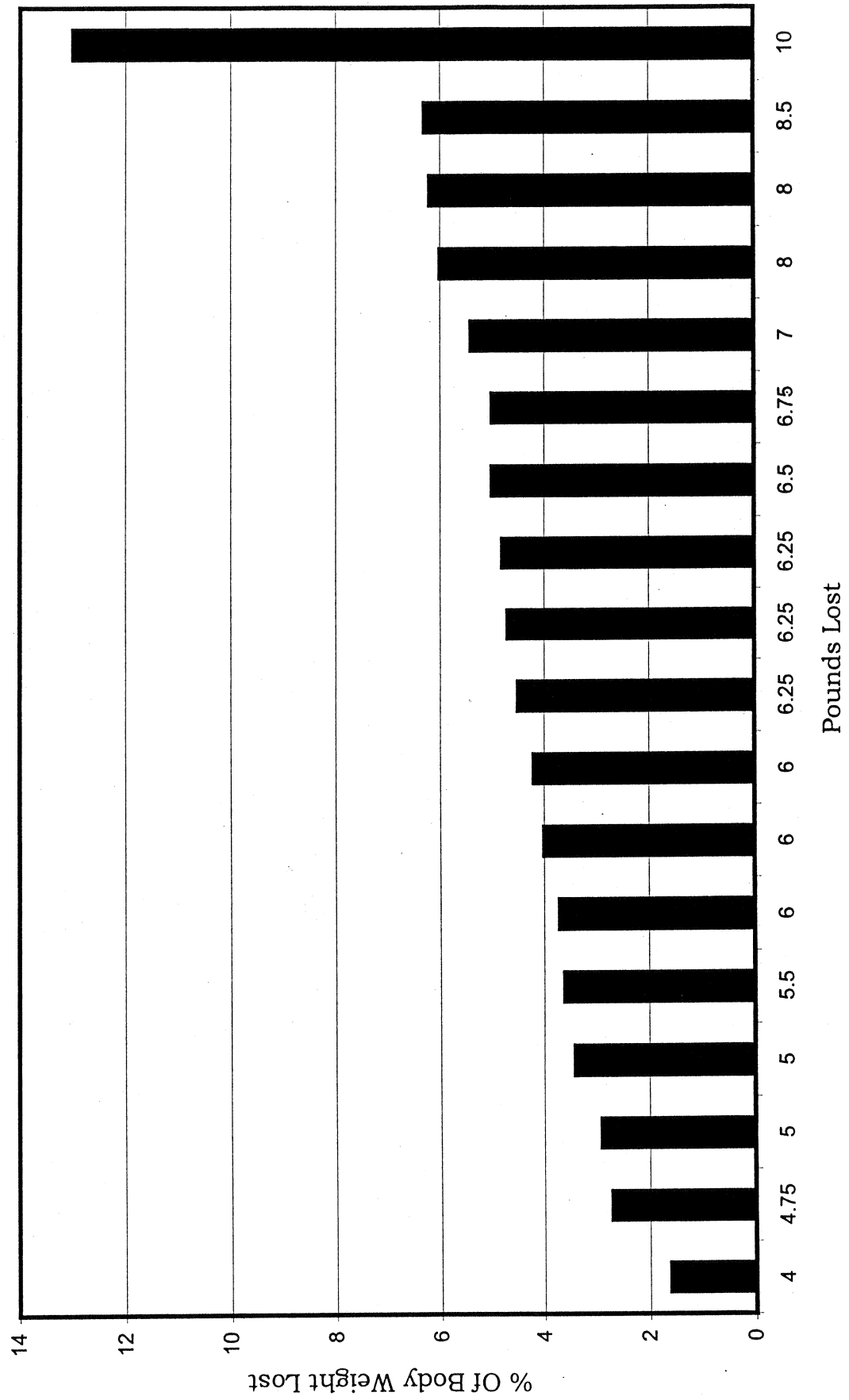
## SUMMARY - PERCENT OF WEIGHT LOST FROM BODY FAT

SUBJECTS	GENDER	POUNDS LOST	BODY FAT LOST POUNDS	% Of WEIGHT LOST FROM BODY FAT
1	Female	4.75	2	42
2	Male	6.5	0	0
3	Female	8	5	63
4	Male	8	2	25
5	Female	8.5	4	47
6	Female	5	3	60
7	Female	5	4	80
8	Male	8	2	25
9	Male	3	2	67
10	Female	6	3	50
11	Female	7	3	43
12	Female	10	6	60
13	Female	5.5	5	91
14	Male	8	2	25
15	Female	6.75	2	30
16	Female	6.25	2	32
17	Female	6	4	67
18	Female	6.25	2	32
19	Female	8	3	38
20	Male	10.5	6	57
21	Male	13	10	77
22	Female	6	2	33
23	Female	4	0	0
24	Male	13	5	38
25	Female	16.75	10	60
26	Female	6.5	3	46
27	Female	6.25	3	48
Totals		202.5	95	47

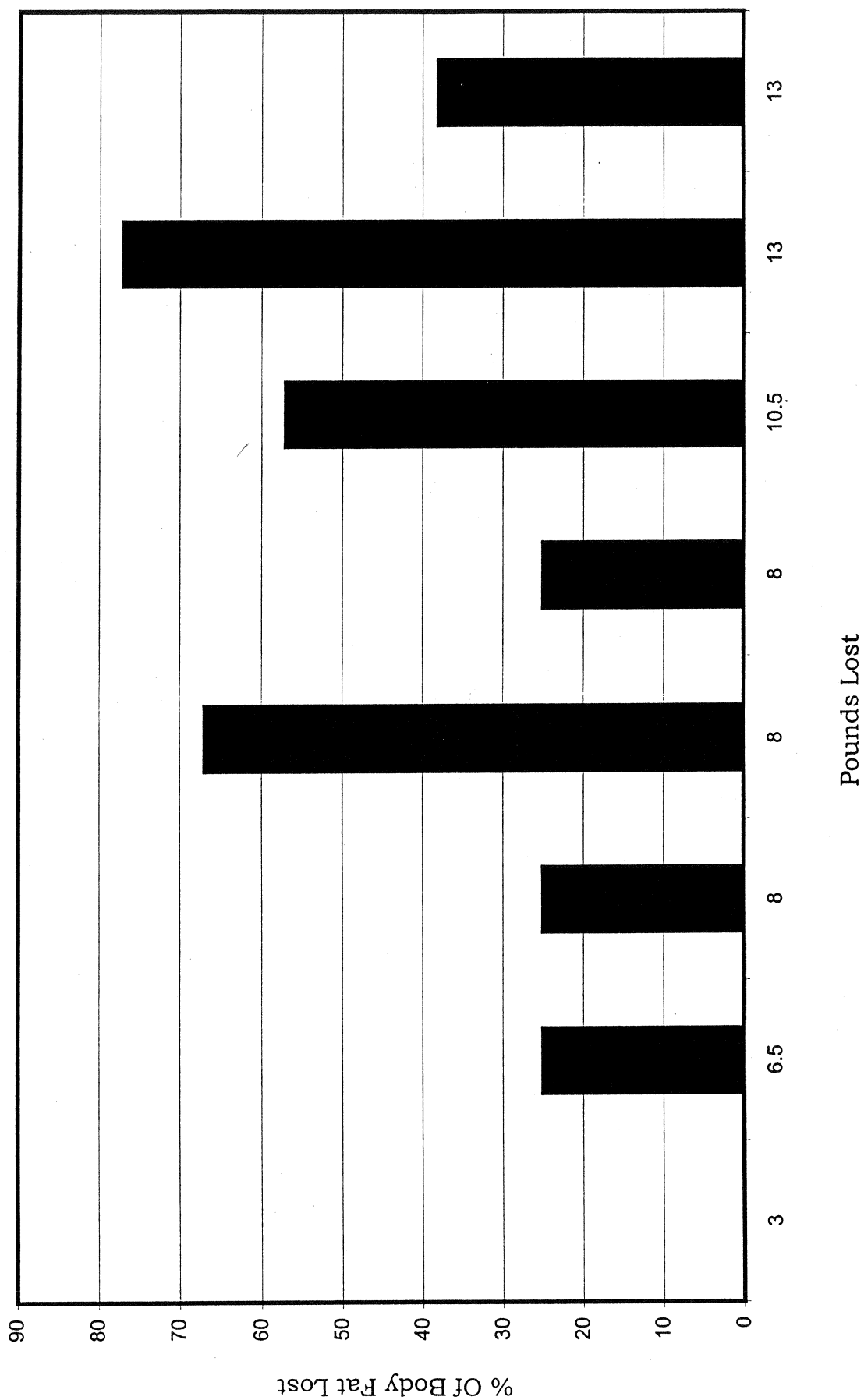
# Total Subjects Tested



# Female Subjects Tested

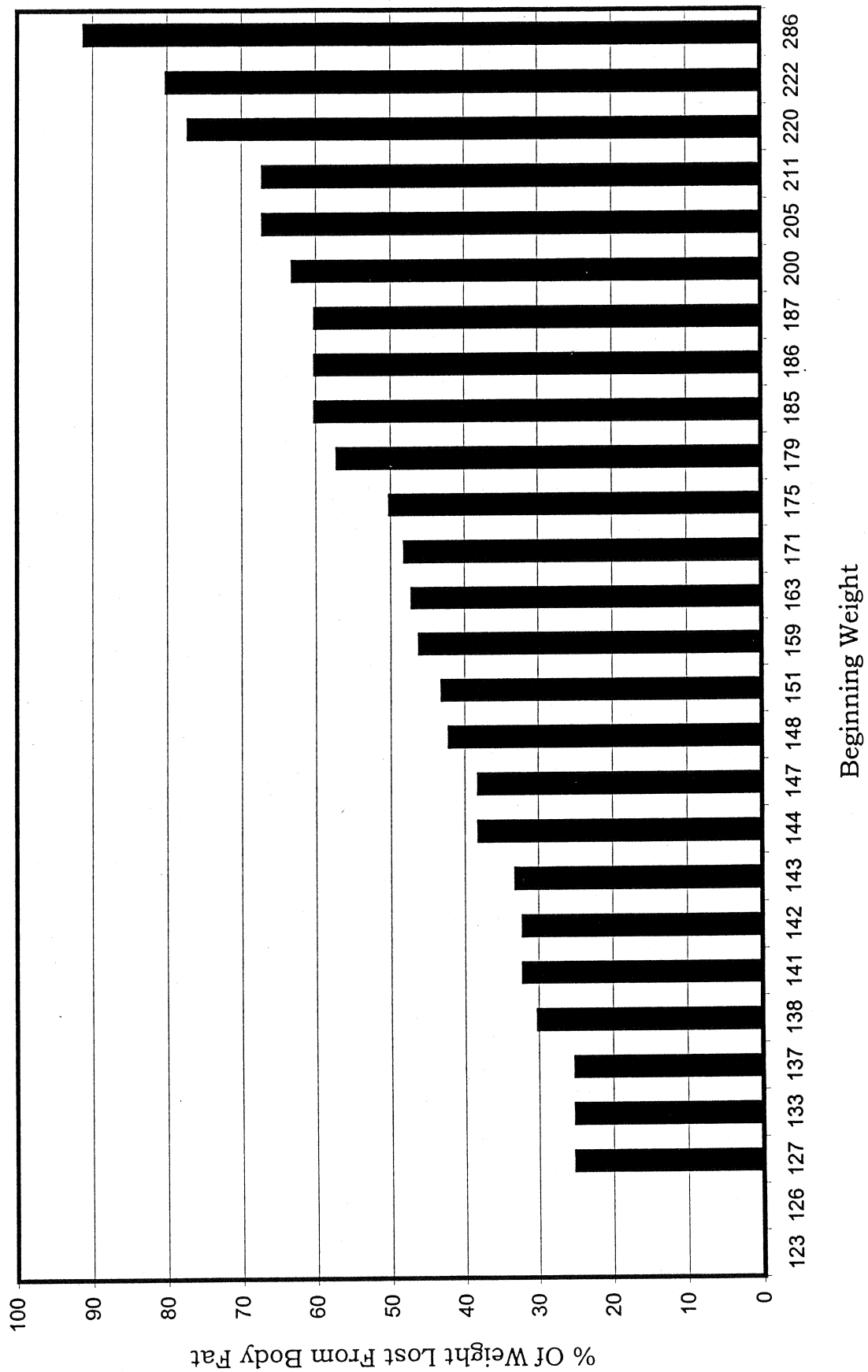


**Male Subjects Tested**

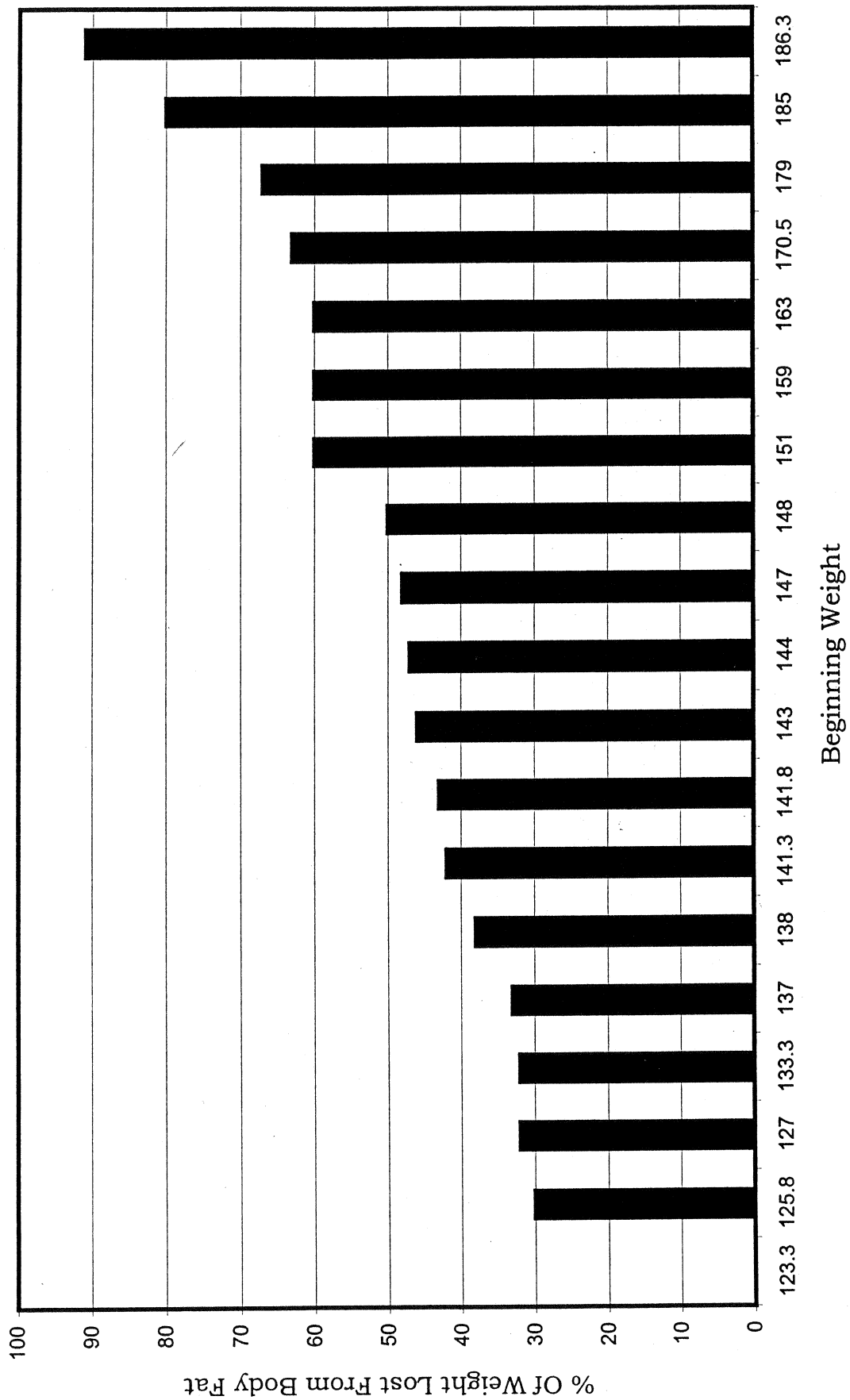




# Total Subjects Tested



# Female Subjects Tested



# Male Subjects Tested

